

Anchor[®]



Camellia Heart!

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Camellia Heart

Design No.: AE60003

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AE60003 Camellia Heart



Anchor Pearl Cotton no. 8 10g Art no. 4591008- * (colour no.)
1 x #00001, #00134, #00013



N° 7

Embroidery



Beginner



You will also need:

- 30 cm white-coloured cotton or linen fabric
- 30 cm calico fabric for backing
- Dressmaker's carbon paper or transfer paper
- Small pair of scissors
- Embroidery needle
- 16 cm embroidery hoop



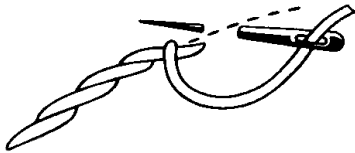


This design uses only 3 colors and is suitable for beginner embroiderers. It's inspired by the Viana heart traditions, that were used as a religious symbol of dedication and worship to the Sacred Heart of Jesus, but over time, its popularity connoted it with the profane, becoming a symbol of romantic love.

Stitches

- Stem Stitch
- Buttonhole Stitch
- Trellis Stitch
- Satin Stitch
- Cross Stitch
- French Knot

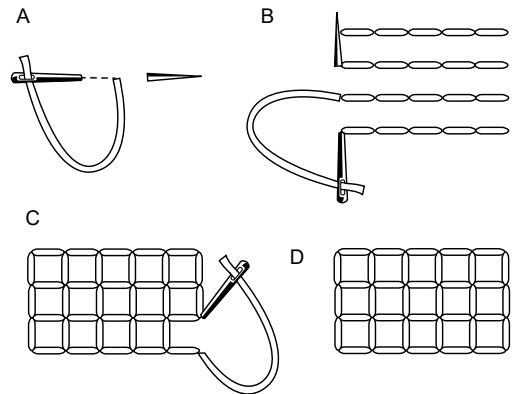
Stem Stitch



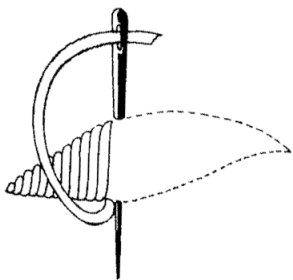
Buttonhole Stitch



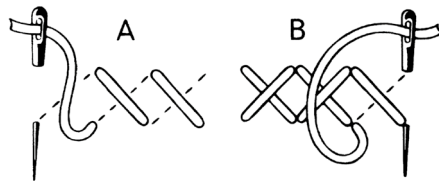
Trellis Stitch



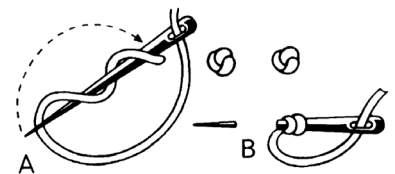
Satin Stitch



Cross Stitch



French Knot



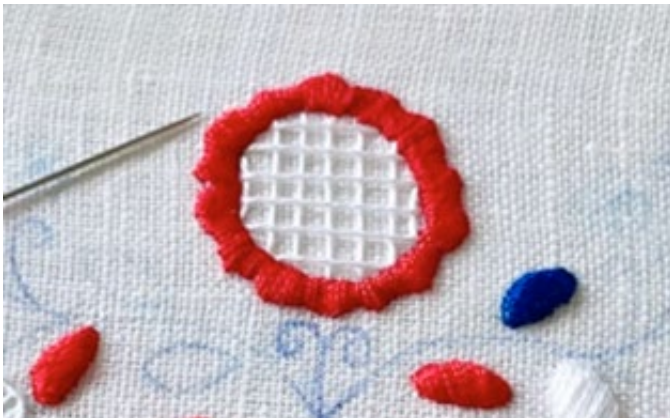


Getting Started: Transfer your drawing onto the linen or cotton fabric. Place the second fabric (calico) underneath. Centre the hoop over the design and secure, ready for stitching. Pull the fabric taut. Start by embroidering the outline of the big camellia with back stitch and proceed to then fill it with carefully laid satin stitches.



Proceed to start building the trellis with white thread: build up parallel lines and be careful to space them evenly. Start in the centre or the widest part of the area to be filled and work perpendicular parallel stitches to cover one side. Work the other side in the same way.

Once the big camellia is complete, embroider the internal outline of it with stem stitch in matching red Perle thread.



Anchor each intersection with a small cross stitch in red Perle thread.

Smaller Camellias: Embroider the 2 remaining camellias with Buttonhole stitch with red and white Perle thread respectively. Once the camellias are complete, embroider the internal outline of it with stem stitch in matching red and white Perle thread.





Proceed to start building the trellis with white thread for the red camellia/ red thread for the white camellia: build up parallel lines and be careful to space them evenly. Start in the centre or the widest part of the area to be filled and work perpendicular parallel stitches to cover one side. Work the other side in the same way.
Anchor each intersection with a small cross stitch in white Perle thread for the white camellia / blue perle thread for the red camellia.

Leaves: Backstitch the outline of every leaf and pad the interior of the leaf with satin stitches. Once the padding is complete then proceed to work the diagonal satin stitch with the relevant thread (white, red or blue) over the padding.



Big Heart: Using buttonhole stitch embroider the shape of the heart in red Perle thread. Embroider the internal outline of it with stem stitch in matching red Perle thread.

Smaller Heart: Back stitch the smaller heart with blue thread and then proceed with whipped back stitch in white.





Proceed to start building the trellis with red thread: build up parallel lines and be careful to space them evenly. Start in the centre or the widest part of the area to be filled and work perpendicular parallel stitches to cover one side. Work the other side in the same way. Anchor each intersection with a small cross stitch in white Perle thread.



Smaller Flowers: Back stitch the outline of the flower petals with the relevant color (white, red or blue) and pad it. Once the padding is complete then proceed to work the diagonal satin stitch with the relevant thread (white, red or blue) over the padding. Finish with a French knot in the centre of the flower.



Stems: Outline all the stems in stem stitch with blue thread.

Back stitch the smaller stem in the middle with blue thread and then proceed with whipped back stitch in white.



Finishing: Centre your embroidered design in the hoop and pull the fabric tight. Cut away any excess material, leaving a 2 cm border. Glue it to the inside hoop ring, with care so the glue doesn't get close to the stitches.

