

Anchor[®]



Heart of Viana!



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Heart of Viana

Design No.: AE60001

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AE60001 Heart of Viana



Anchor Pearl Cotton no. 8 10g Art no. 4591008- * (colour no.)
1 x *00134, *09046, *00001



N° 7

Embroidery



Beginner



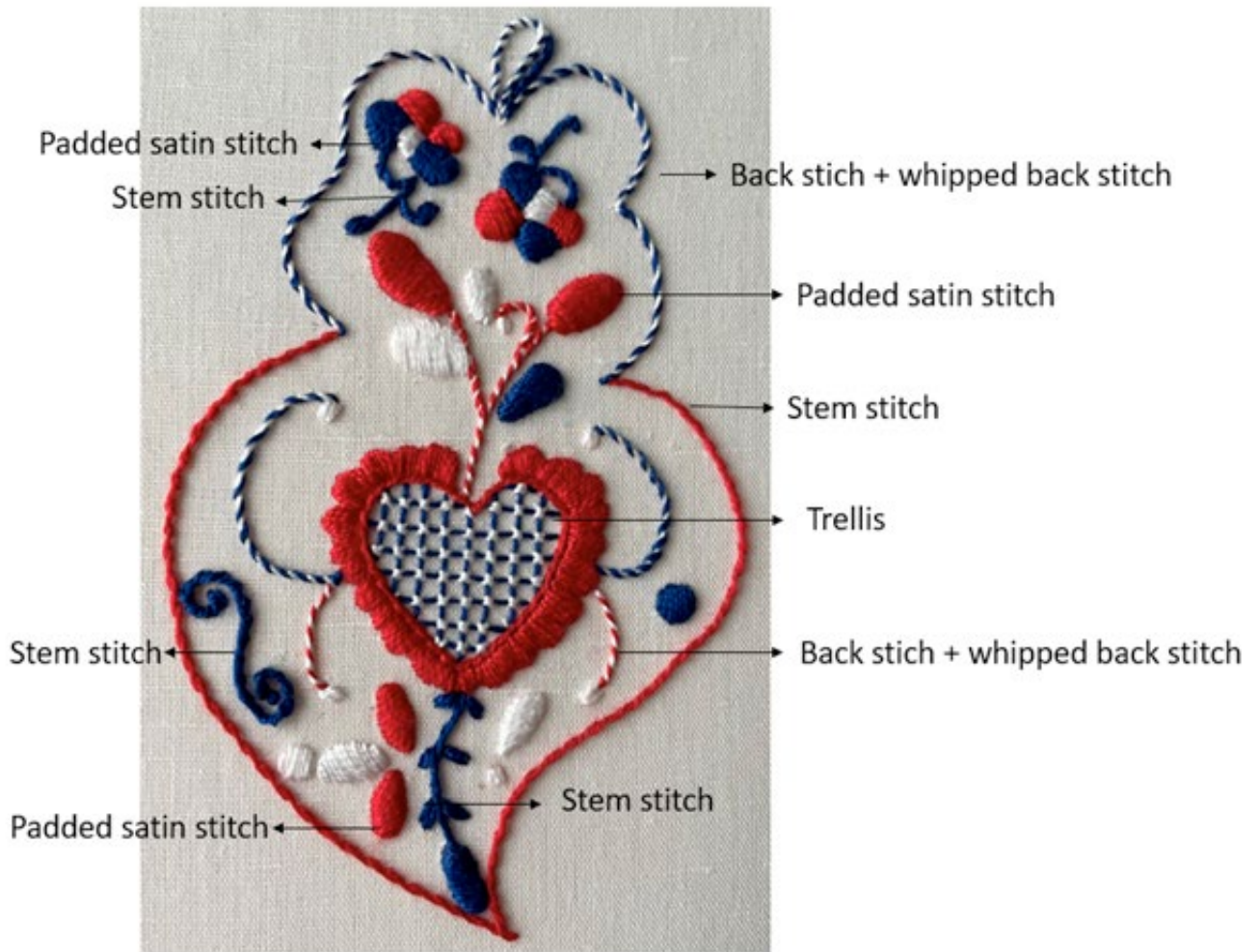
You will also need:

- 30 cm white-coloured cotton or linen fabric
- 30 cm calico fabric for backing
- Dressmaker's carbon paper or transfer paper
- Small pair of scissors
- Embroidery needle
- 16 cm embroidery hoop





- Backstitch
- Cross stitch
- Satin stitch and padded satin stitch
- Stem stitch
- Trellis
- Whipped Back Stitch



Getting Started!

Transfer your drawing onto the linen or cotton fabric. Place the second fabric (calico) underneath. Centre the hoop over the design and secure, ready for stitching. Pull the fabric taut.

Start by embroidering the outline of the heart with **back stitch** and proceed to then fill it with carefully laid **satin stitches**.





Once the heart is complete, embroider the internal outline of it with **stem stitch** in matching red Perle thread.



Proceed to start building the trellis with blue thread: build up parallel lines and be careful to space them evenly. Start in the centre or the widest part of the area to be filled and work perpendicular parallel stitches to cover one side. Work the other side in the same way.



Anchor each intersection with a small cross stitch in white Perle thread.

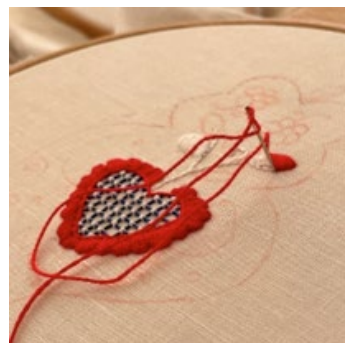


With white Perle thread embroider the outline of the stem with **back stitch**. Using the red thread embroider the whipped back stitch.



Leaves: **backstitch** the outline of every leaf and pad the interior of the leaf with **satin stitches**.

Once the padding is complete then proceed to work the **diagonal satin stitch** with the relevant thread (white, red or blue) over the padding.





Big Heart outline:

Top half: back stitch the top of the heart with white thread and then proceed with whipped back stitch in blue.



Bottom half: Embroider bottom half of the heart with stem stitches in red thread.



Smaller heart branches: back stitch in white and proceed with blue (for the top) and red (for the bottom) whipped back stitch.

Heart bottom branch: stem stitch the branch in blue, with some back stitches for the tiny leaves. Finish off with a padded satin stitch leaf.

Twirl: stem stitch with blue thread the left-hand twirl. Be careful to use small stitches to cover the curved shape.



Top Flowers: stem stitch the small branches and one of the petals. Back stitch the outline of the flower petals with the relevant color (white, red or blue) and pad it. Once the padding is complete then proceed to work the diagonal satin stitch with the relevant thread (white, red or blue) over the padding.

FINISHING

Centre your embroidered design in the hoop and pull the fabric tight. Cut away any excess material, leaving a 2 cm border. Glue it to the inside hoop ring, with care so the glue doesn't get close to the stitches.

