

# Anchor<sup>®</sup>

Elegant  
table  
runner



[AnchorCrafts.com](https://www.AnchorCrafts.com)

   @anchorcrafting

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Anchor Crafty Fine 250g - Art. N° 4774200 - \* (Colour n°)  
 Anchor Crafty Fine multicolour 250g - Art. N° 4775200 - \*\* (Colour n°)

Intermediate



 100 x 33 cm

 2x \*00106, 1x \*\*00201

 n° 18  
 MILWARD



Extras:

1 stick 50cm length or cloth rack.  
 adhesive tape

## Elegant table runner

### KNOTS USED:

**Lark's head knot**

**Double half hitch knot (horizontal and diagonal)**

(see at the end step by step tutorials for these knots)

### BEFORE STARTING

Cut the following:

24 x 500 cm ropes colour \*00106

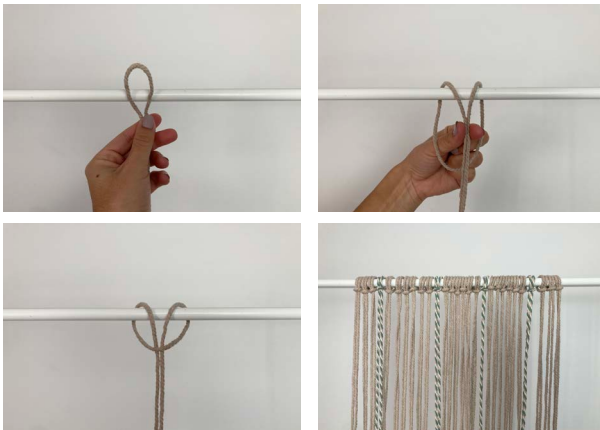
4 x 500 cm ropes colour \*\*00201

2 x 50 cm ropes colour \*\*00201

Note: Place adhesive tape in the ends so the cord doesn't unthread.

### STEP BY STEP:

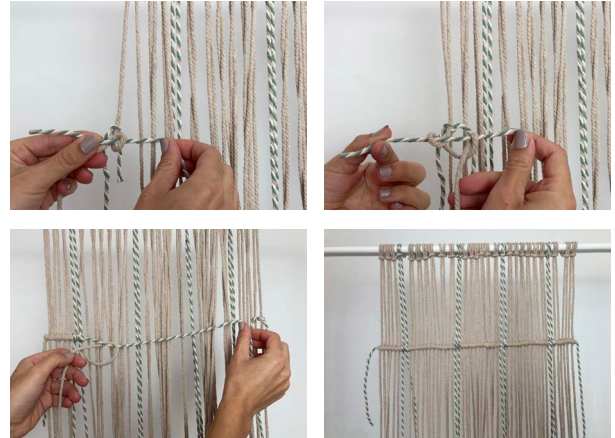
**STEP 1:** Place the stick horizontally to work the cords hanging. Fold in half one cord colour 00106 and place it with a **Lark's Head Knot** over the stick. Repeat this with the other 23 shade 106 cords. Now include cord colour 00201 beginning from left side, leave the first 4 cords colour 00106 and place the first shade 00201 cord, leave 6 more 00106 cords and place another 00201 cord, do this sequence till the end (see picture). At the end there will be 56 cords in total hanging on the stick.



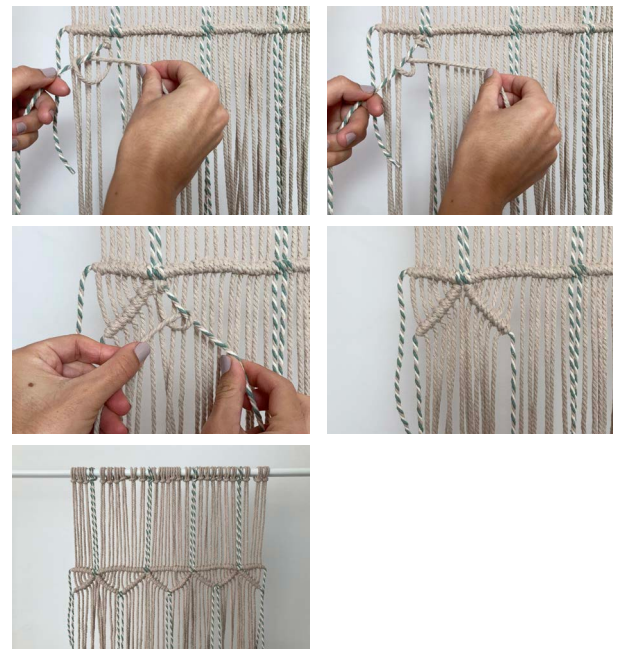
**Note:** Make little cord balls with each cord so it is easier to work with them.

**STEP 2:** Mark 10cm below the Lark Head Knots where you will do a horizontal Double Half Hitch Knot.

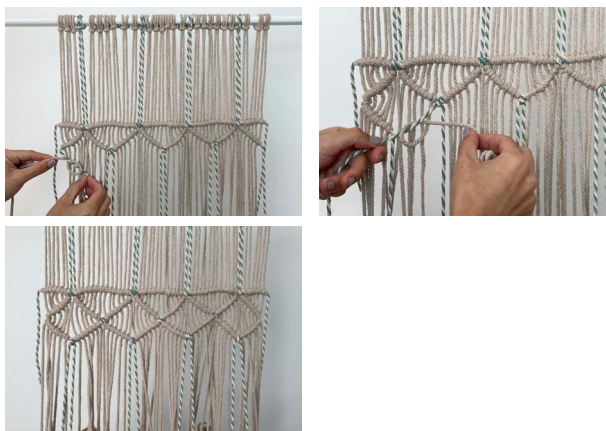
Use one of the 50cm shade 00201 cord (which you will use as guide cord) and place it horizontally over the 56 cords. Roll twice the first cord on your left from the front to the back and stretch it to the left. Repeat this process with all the 55 cords making and horizontal line 10cm below the stick. (Width should be 33cm approximately).



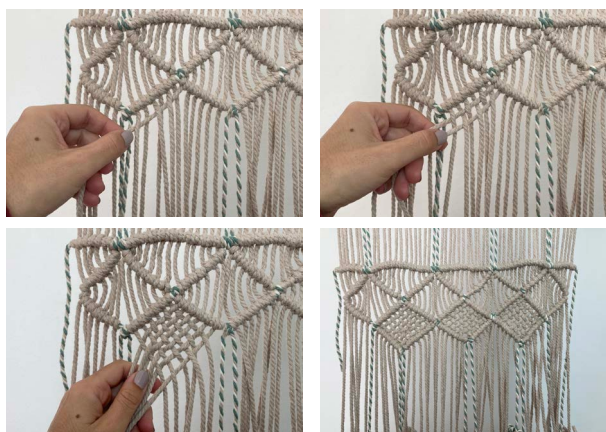
**STEP 3:** Take the first multicolour cord from the left and use it as a guide cord to create a diagonal of Double Half Hitch Knots, stretching it diagonally to the left. Tie the 6 strings on its left one by one with a Double Half Hitch Knot, stretching them to the right. With the second multicolour cord, make a diagonal of Double Half Hitch Knots to the right. Tie the next 6 cords on the right, stretching them to the left. Repeat the same knots on the multicolour cords for the rest of the piece and tie the multicolour cords with a Double Half Hitch Knot when they join.



**STEP 4:** Go back to the first triangle and tie the multicolour cord from the left to the right to make a rhombus. Also tie the guide cord from the right to the left and close the rhombus. Repeat the same knot with the rest of the cords to form 4 rhombuses.



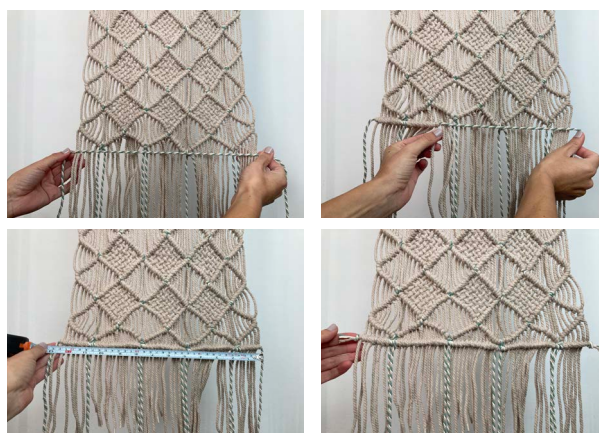
**STEP 5:** Take the 15th cord from the left and pass it over and under the 6 cords to its right. Take the 16th cord and pass it in the opposite order to create an interlaced pattern. Repeat the process with the next four cords and close the rhombus with a Double Half Hitch Knot. Repeat the process with the right cords to form 3 rhombuses with interlaced cords inside.



**STEP 6:** Take the two multicolour cords from the edges and make a diagonal line of Double Half Hitch Knots with each one. Repeat below a row of 4 rhombuses identical to the first one we have made. Repeat below the second row of 3 rhombuses interlaced. Continue repeating both rows of diamonds successively until the knot area measures 80cm length approx.



**STEP 7:** Use a multicolour cord of 50cm and make a horizontal line of Double Half Hitch Knots just below the diamonds. So both ends of the piece will be equal. Check that the width of the piece still measures 33cm approx.



**STEP 8:** Make a simple knot at each end of the horizontal multi-colored cord above and below. Cut and unthread. Cut the end cords 10cm below the last Double Half Hitch Knots. Cut the cords right near the Lark's head knots from the beginning. 10cm above the first line Double Half Hitch Knots. Unthread the ends of the cords and comb. Cut again at the end to have the edges completely straight.





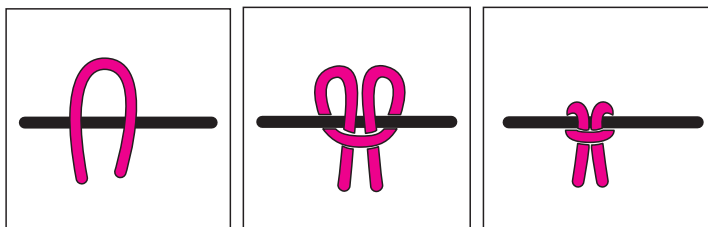
## MACRAMÉ KNOTS TUTORIALS STEP BY STEP

### LARK'S HEAD KNOT

**Step 1:** Fold one strand (consisting of a filler strand and a working strand) in half and place the loop on top of a cord, a rod or a ring.

**Step 2:** Fold the loop down the back

**Step 3:** Pull the ends of the strand through the loop and pull tightly.



Step 1

Step 2

Step 3

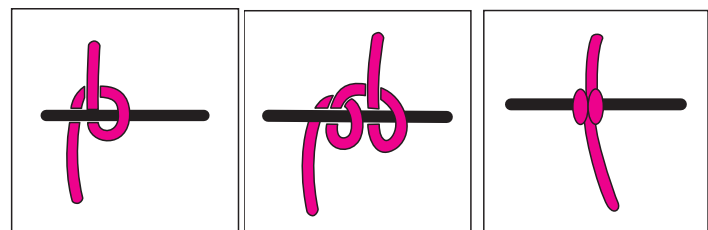
### HORIZONTAL DOUBLE HALF HITCH KNOT

**From left to right**

**Step 1:** An additional cord (red) is used as the working cord; the filler cord (black) hangs down horizontally. Loop the working cord around the filler cord vertically from the left.

**Step 2:** Loop the working cord around the filler cord again.

**Step 3:** Gently pull the working cord tightly and push both loops together. Multiple knots horizontally next to each other



Step 1

Step 2

Step 3

### DIAGONAL DOUBLE HALF HITCH

**From top left to bottom right / top right**

**Step 1:** Take the first cord on the left (black) as the filler cord and the second cord (red) as the working cord. Place the filler cord over the working cord diagonally to the right. Loop the working cord around the filler cord.

**Step 2:** Loop the working cord around the filler cord again.

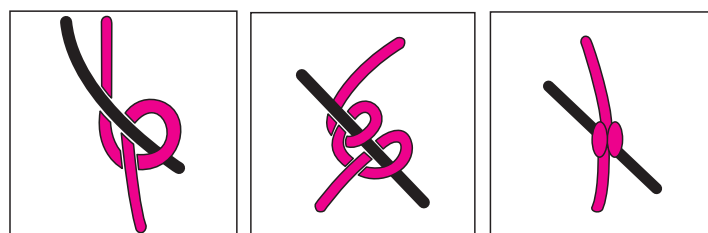
**Step 3:** Gently pull the working cord tightly and push both loops together.

**Step 4:** Use the next cord as the working cord and tie the next knot. Arrange this knot slightly lower/higher to create a diagonal line.

**From top right to bottom left / top left**

**Step 1:** Take the first cord to the right as the filler cord and the second cord as the working cord. Place the filler cord over the working cord diagonally to the left.

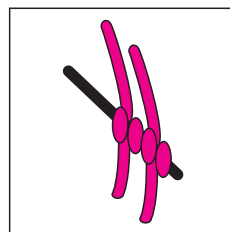
**Step 2:** Tie the knot as described above, but work in the opposite direction.



Step 1

Step 2

Step 3



Step 4

Note: Due to the fact, that Crafty Fine yarn is recycled from colour-assorted textile material and not re-dyed there can be slight variations in color and thickness. We therefore recommend buying enough yarn for your project. We also advise to use a crochet needle without handle, which is easier to work with. The first stitches might be a little bit hard to work, but you will soon get used, and the final result is worth it.

### WASHING ADVICE

Always wash in as warm a water temperature as possible - up to the temperature recommended, with a short spin. Use a lot of water if hand washing. For darker colours we recommend the use of discolouration sheets. Do not bleach.

Do not tumble dry. Drip-dry on a horizontal surface. Iron on a hot temperature setting using a damp cloth. Professional dry cleaning in tetrachloroethylene.